## Is Your Disaster/Emergency Kit Ready?

Do you remember the Loma Prieta Earthquake or the January storm of 2008? Did you have a disaster kit in your home or office? Of course you did. The water was in the garage, the flashlight and extra batteries in the closet, the crank radio (if you had one) in the office .....and so it goes.

I know you get the point. All of us have the disaster kit items recommended by the American Red Cross, but they are scattered all over our homes.

Disasters happen quickly, many times with no warning. The Carmel Area Chapter of the American Red Cross on Dolores and 8th in Carmel has emergency kits with all of the necessary products to survive the initial days after a disaster.

Sample of supplies American Red Cross recommends every resident have on hand in an emergency.

We have standard kits or better yet, let us make a custom kit for your home or office depending on the number in your household and your particular needs.

Stop by the Chapter, have a cup of coffee and let us help you restore peace of mind and prepare for what could be a challenging winter season. While you are here, we can show you our class schedule as well as items that keep you and your family safe and prepared.

We recommend when you come in that you pick up a "file of life". It is a refrigerator magnet that stores all of your pertinent medical information including emergency contacts, and prescriptions. Firefighters are trained to look for this magnet during an emergency situation. It speaks for you when you can't speak for yourself.

Have a happy, healthy and safe New Year from your friends at the American Red Cross, Carmel Area Chapter.

Your American Red Cross Chapter is located at Dolores Street and 8th Avenue, Carmel-by-the Sea. Stop in and visit us or call at 624.6921 or visit our "under construction" web site at **www.arccarmel.org.**

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